



Referral Form for Outpatient Nutrition Services

Outpatient Nutrition Services

Tel: (203) 276-4510 (to set up appointment)

Fax: (203) 276-2186 (to send referral)

Email: outpatientnutrition@stamhealth.org (to send referral)

Tully Health Center

32 Strawberry Hill Court

Stamford, CT 06902

The three sections with an asterisk are required by HIS (number of sessions, reason for referral and ICD-10 codes)

Date of Referral	Insurance
Patient's Name	Date of Birth
Preferred phone number	Patient email address
Height	Weight
BMI	*Number of Sessions

***I have referred the above patient for:**

<input type="checkbox"/> Medical Nutrition Therapy	<input type="checkbox"/> Preparation for Bariatric Surgery
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*Diagnoses- Please check ALL that apply		
Box to check	ICD-10	Diagnosis
Weight		
<input type="checkbox"/>	C06.9	Malignant neoplasm of mouth, unspecified
<input type="checkbox"/>	C34.90	Malignant neoplasms of unspecified part of unspecified bronchus or lung
<input type="checkbox"/>	C80.1	Malignant primary neoplasm
Diseases of Blood		
<input type="checkbox"/>	D50.0	Iron deficiency anemia due to chronic blood loss
<input type="checkbox"/>	D50.8	Other iron deficiency anemias (due to inadequate iron intake)
<input type="checkbox"/>	D50.9	Iron deficiency anemia, unspecified
<input type="checkbox"/>	D51.3	Other dietary vitamin B12 deficiency anemia (vegan anemia)
<input type="checkbox"/>	D52	Dietary folate anemia
<input type="checkbox"/>	D53	Protein deficiency anemia
<input type="checkbox"/>	D53.9	Nutritional anemia, unspecified (simple chronic anemia)
<input type="checkbox"/>	D64.9	Anemia, unspecified
<input type="checkbox"/>	E11.00	Type 2 DM with hyperosmolarity w/o NHHHC
<input type="checkbox"/>	E11.9	Type 2 Diabetes without complications
<input type="checkbox"/>	E11.21	Type 2 DM with diabetic nephropathy
<input type="checkbox"/>	E11.22	Type 2 diabetes mellitus with diabetic chronic kidney disease
<input type="checkbox"/>	E11.3	Type 2 DM with ophthalmic complications
<input type="checkbox"/>	E16.2	Hypoglycemia, unspecified
<input type="checkbox"/>	E11.40	Type 2 DM with diabetic neuropathy, unspecified
<input type="checkbox"/>	E11.51	Type 2 DM with diabetic peripheral angiopathy without gangrene
<input type="checkbox"/>	E11.6	Type 2 DM with other specified complications
<input type="checkbox"/>	E11, 649	Type 2 DM with hypoglycemia without coma

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	E11.65	Type 2 DM with hypoglycemia
	E11.8	Type 2 DM with unspecified complications
	E11.9	Type 2 DM without complications
Malnutrition		
	E46	Unspecified protein-calorie malnutrition
	E43	Unspecified severe protein-calorie malnutrition
	E44.0	Moderate protein-calorie malnutrition
	E44.1	Mild protein-calorie malnutrition
	E64.0	Sequelae of protein-calorie malnutrition
	E50.9	Vitamin A deficiency, unspecified
	E55.9	Vitamin D deficiency, unspecified
	E61.8	Deficiency of other specified nutrient elements
Weight Management		
	E66.3	Overweight
	E66.01	Morbid (severe) obesity due to excess calories
	E66.09	Other obesity due to excess calories
	Z68.20	Body mass index [BMI] 20.0-20.9, adult
	Z68.21	Body mass index [BMI] 21.0-21.9, adult
	Z68.22	Body mass index [BMI] 22.0-22.9, adult
	Z68.23	Body mass index [BMI] 23.0-23.9, adult
	Z68.24	Body mass index [BMI] 24.0-24.9, adult
	Z68.25	Body mass index [BMI] 25.0-25.9, adult
	Z68.26	Body mass index [BMI] 26.0-26.9, adult
	Z68.27	Body mass index [BMI] 27.0-27.9, adult
	Z68.28	Body mass index [BMI] 28.0-28.9, adult
	Z68.29	Body mass index [BMI] 29.0-29.9, adult
	Z68.30	Body mass index [BMI] 30.0-30.9, adult
	Z68.31	Body mass index [BMI] 31.0-31.9, adult
	Z68.32	Body mass index [BMI] 32.0-32.9, adult
	Z68.33	Body mass index [BMI] 33.0-33.9, adult
	Z68.34	Body mass index [BMI] 34.0-34.9, adult
	Z68.35	Body mass index [BMI] 35.0-35.9, adult
	Z68.36	Body mass index [BMI] 36.0-36.9, adult
	Z68.37	Body mass index [BMI] 37.0-37.9, adult
	Z68.38	Body mass index [BMI] 38.0-38.9, adult
	Z68.39	Body mass index [BMI] 39.0-39.9, adult
	Z68.41	Body mass index [BMI] 40.0-44.9, adult
	Z68.42	Body mass index [BMI] 45.0-49.9, adult
	Z68.43	Body mass index [BMI] 50.0-59.9, adult
	Z68.44	Body mass index [BMI] 60.0-69.9, adult
	Z68.45	Body mass index [BMI] 70 or greater, adult
	E66.1	Drug induced obesity
	E66.2	Morbid obesity with alveolar hypoventilation (Pickwickian Syndrome)
	E66.3	Overweight
	E66.8	Other obesity- Metabolic Syndrome

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	E66.9	Obesity, unspecified
	R62.51	Failure to thrive, child
	R62.7	Failure to thrive, adult
	R63.4	Abnormal weight loss
	R63.5	Abnormal weight gain- not during pregnancy
	R63.6	Underweight
Endocrine, Nutritional and Metabolic disease		
	E03.9	Hypothyroidism, unspecified
	E16.1	Other hypoglycemia
	E16.2	Hypoglycemia, unspecified
	E28.2	Polycystic ovarian syndrome
	E73.0	Congenital lactase deficiency
	E73.1	Secondary lactase deficiency
	E73.8	Other lactose intolerance
	E73.9	Lactose intolerance, unspecified
	E78.00	Pure Hypercholesterolemia
	E78.1	Pure hyperglyceridemia
	E78.2	Mixed hyperlipidemia
	E78.3	Hyperchylomicronemia
	E78.4	Other hyperlipidemia
	E78.5	Hyperlipidemia, unspecified
	E78.89	Other lipoprotein metabolism disorders
	E78.9	Disorder of lipoprotein metabolism, unspecified
	E88.819	Insulin Resistance
Mental Behavioral		
	F50.00	Anorexia nervosa, unspecified
	F50.01	Anorexia nervosa, restricting type
	F50.02	Anorexia nervosa, binge eating/purging type
	F50.2	Bulimia Nervosa
	F50.8	Other eating disorder
	F50.9	Eating disorder, unspecified
	G47.30	Sleep apnea, unspecified
Diseases of Circulatory system		
	I10	Essential (primary) hypertension
	I11.0	Hypertensive heart disease with heart failure
	I11.9	Hypertensive heart disease without heart failure
	I12.0	Hypertensive chronic kidney disease, stage 5 or ESRD
	I12.9	Hypertensive chronic kidney disease with stage 1 through stage 4 chronic kidney disease, or unspecified chronic kidney disease
	I25	Chronic ischemic heart disease
	I50.9	Heart failure, unspecified
	I51.9	Heart disease, unspecified
Diseases of the Digestive System		
	K 21.0	GERD with esophagitis
	K21.9	Gastro esophageal reflux disease without esophagitis

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	K22.9	Disease of esophagus, unsp
	K25.9	Gastric ulcer, unspecified as acute or chronic w/o hemorrhage
	K27.9	Peptic ulcer, site unspecified, unspecified as acute or chronic, w/o hemorrhage or perforation
	K29.2	Alcoholic gastritis
	K29.5	Unspecified chronic gastritis
	K31.84	Gastroparesis
	K44.9	Diaphragmatic hernia without obstruction or gangrene
	K50.00	Crohn's disease of the small intestine without complications
	K50.10	Crohn's disease of large intestine without complications
	K50.8	Crohn's disease of both small and large intestine without complications
	K50.9	Crohn's disease, unspecified
	K51.00	Ulcerative colitis without complications
	K51.90	Ulcerative colitis, unspecified, without complications
	K52.2	Allergic and dietetic gastroenteritis and colitis
	K57.10	Diverticulosis of small intestine without perforation/ abscess w/o bleed
	K57.30	Diverticulosis of large intestine without perforation/ abscess w/o bleed
	K58	Irritable bowel syndrome
	K59.00	Constipation, unspecified
	K70.30	Alcoholic cirrhosis of liver without ascites
	K85.90	Acute pancreatitis without necrosis or infection, unspecified
	K59.1	Functional diarrhea
	K86.0	Alcohol-induced chronic pancreatitis
	K86.1	Other chronic pancreatitis
	K90.0	Celiac disease
Endocrine, nutritional and metabolic disease		
	M1A.3	Chronic gout due to renal impairment
	M1A.9xx	Chronic gout, unspecified
	M10.3	Gout due to renal impairment
	M10.4	Other secondary gout
	M10.9	Gout, unspecified
	M85.9	Disorder of bone density and structure, unspecified
Kidney disease		
	N18.6	End stage renal disease
	N18.5	CKD, stage 5
	N18.4	CKD, stage 4
	N18.3	CKD, stage 3
	N18.2	CKD, stage 2
	N18.1	CKD, state 1
	N20.0	Calculus of kidney
Pregnancy		
	O21.0	Mild hyperemesis gravidarum
	O21.1	Hyperemesis gravidarum with metabolic disturbance
	O21.2	Late vomiting of pregnancy
	O23.592	Infection of other part of genital tract in pregnancy, second trimester

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	O24.410	GDM, diet controlled
	O24.414	GDM, insulin-controlled
	O26.00	Excessive weight gain in pregnancy,
	O26.10	Low weight gain in pregnancy
	O99.210	Obesity complicating pregnancy
	O99.212	Obesity complicating pregnancy, 2nd trimester
	R10.9	Unspecified abdominal pain
	R13.10	Dysphagia , unspecified
	R19.7	Diarrhea, unspecified
	R19.8	Other signs/symptoms involving the digestive system and abdomen
	R47.02	Dysphasia
	R53.82	Chronic fatigue, unspecified
	R63.2	Polyphagia
	R63.39	Other feeding difficulties
	R63.4	Abnormal weight loss
	R63.5	Abnormal weight gain
	R63.6	Underweight
	R63.8	Other signs/symptoms concerning food and fluid intake
	R73.01	Impaired fasting glucose
	R73.02	Impaired glucose tolerance
	R73.03	Prediabetes
	Z00.00	Encounter for general adult medical examination without abnormal findings
	Z48.815	Encounter for surgical aftercare following surgery on the digestive system
	Z48.89	Encounter for other specified surgical aftercare
	Z71.3	Dietary Counseling and Surveillance
	Z98.84	Bariatric surgery status
Food allergies		
	Z91.010	Peanuts
	Z91.011	Milk products
	Z91.012	Eggs
	Z91.013	Seafood
	Z91.018	Specified NEC
Disease of Musculoskeletal System		
	M81.0	Age-related osteoporosis without current pathological fracture
	M81.8	Other osteoporosis without current pathological fracture

A. Referring Physician _____ (Print)

_____ (Date) _____ (Time)

Phone: _____