

A Guide to Accessing Food in Stamford

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 883-6034. For more information about community resources, please dial 2-1-1 or visit www.211ct.org

HOME DELIVERIES

Person-to-Person

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday - Friday. Drop off time between 1:30 - 2:30pm.

Home Deliveries / Seniors

The Stamford Senior Center

www.stamfordseniorct.org

Senior Lunch Program, reduced fair food for individuals who are 60+ years old. For more information, contact Christina Crain at (203) 977-5151 or ccrain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels

(203) 324-6175

www.ccfairfield.org/programs/senior-nutrition

Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource

2009 Summer Street, Stamford CT 06905

(203) 324-6584

www.silversource.org

Senior Well Check / Virtual Companion Telephone

support: Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community, and support programs. Ask about special dietary or renal diet accommodations.

Professional Referrals:

<https://silversource.org/professional-referrals/>

Call for information about food or other services.

CONGREGATE MEALS

New Covenant Center Café

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

www.newcovenantcenter.org

Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 pm and for dinner Monday-Saturday, 4:30-5:30 pm. Meals are distributed from the doorway.

Catholic Charities Senior Nutrition Program

(203) 324-6175

www.ccfairfield.org/programs/senior-nutrition-program

For individuals 60+

Jewish Community Center

1035 Newfield Avenue, Stamford, CT 06905

Monthly luncheon meal at 12 pm—\$6 suggested donation

Stamford Senior Center

888 Washington Boulevard, Stamford, CT 06901

Lunch Monday - Friday from 11:30 am - 2 pm—\$4 suggested donation

Over 60 Club

628 Main Street, Stamford, CT 06901

Lunch Monday - Friday at 12 pm—suggested \$3 donation

SNAP (Food Stamps)

End Hunger Connecticut! SNAP Call Center

www.endhungerct.org

Call the toll-free SNAP Call Center at 866-974-SNAP (7627) To check hours and for more information, go to www.ctsnap.org.

The End Hunger Connecticut!'s SNAP Call Center remains in full operation to help with applications, redeterminations, and other assistance for SNAP. They are experiencing an influx of calls, so you may need to leave a message. English and Spanish.

STAMFORD WIC PROGRAM (Women, Infants & Children)

(203) 977-4385

Currently all appointments are by phone. Call and leave a message with your name and number. Services: Individual time to speak with a nutritionist or trained professional about your or your child's diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

Eligibility: Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends); breastfeeding women (up to infant's 1st birthday); non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends); infants** (up to 1st birthday); children** up to their 5th birthday.

**fathers, grandparents, foster parents or guardians may apply.

Requirements: Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

OTHER SERVICES AVAILABLE

Fairgate Farm

129 Stillwater Ave., Stamford, CT 06902

(203) 940-2305

www.fairgatefarm.com

(Bus #21 stops right in front of Fairgate Farm)

Volunteer-powered urban farm growing fruits and vegetables where volunteers can take a share of the harvest. Seasonal farm market where local produce can be purchased at affordable prices. SNAP EBT cards and WIC & Senior Farmers' Market Nutrition Program checks accepted and value doubled! All are welcome. *Please visit website for information on volunteering, market information and hours.*

Food Rescue US

(800) 280-3298 x10

www.foodrescue.us

Food Rescue US—Fairfield County transfers fresh, excess food from grocers, restaurants, schools, farms and other food donors to social service agencies that work with food insecure clients. Contact Danielle Blaine at Danielle@foodrescue.us if you would like to volunteer or if your organization would like to receive food.

Filling in the Blanks

(203) 750-0019

www.fillingintheblanks.org

Gets weekend meal bags directly to children. Works with schools, after-school programs, and summer camps in towns across Fairfield and Westchester Counties. Children who qualify for the free/reduced meal program, are part of the ALICE population or are identified as in need by schools are eligible. To find out how to register your child, volunteer, or donate, please contact info@fillingintheblanks.org



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Members of the Stamford Food Collaborative, which includes providers of critical food assistance services, including food pantries, congregate meal programs, and meal delivery programs are implementing safety and hygiene precautions to protect the health of participants, volunteers, and staff. Please call ahead to determine whether operating hours have changed.

FOOD PANTRIES

Faith Tabernacle Church Food Pantry

29 Grove Street, Stamford, CT 06901
(203) 348-8755 x14

www.faithtabct.org

Open: Thursday, 7:30am - 10:30am

Eligibility: Anyone

Requirements: Proof of address

Frequency of Visits: Weekly

New Covenant Center

174 Richmond Hill Avenue, Stamford, CT
(203) 964-8228

www.newcovenantcenter.org

Open: Tuesday & Friday, 10:30 am - 2:00 pm;

Thursday, 10:30 am - 4:00 pm

Eligibility: Open to low-income residents in

Stamford, Darien, New Canaan, & Greenwich

Requirements: Pantry Applications—Wednesdays

from 11 am - 2 pm. Proof of identification (state-

issued ID or passport; birth certificate for children

without photo ID) for each member in household;

proof of address (rent receipt or utility bill); proof of

income (paystub, unemployment letter, tax return)

Frequency of Visits: Monthly by appointment

Neighbor to Neighbor

248 East Putnam Avenue, Greenwich, CT 06830

www.ntngreenwich.org

Open: Monday & Saturday 8:30 am - 12:30 pm;

Wednesday & Thursday 3:30 - 5:30 pm

Eligibility & Requirements: Social service agency referral

Frequency of Visits: Unrestricted

Person-to-Person

www.p2phelps.org

Must call for an appointment.

P2P is operating its Mobile Food Pantry at the following locations:

Monday: 11am-1pm, Yerwood Center;
2pm-4pm, Stamford Manor

Tuesday: 11am-1pm, Ferguson Library South End Branch; 2pm-4pm, Quintard Terrace

Wednesday: 11am-3pm, DOMUS

Thursday: 3pm-7pm, Building One Community

Friday: 11am-1pm, DOMUS

Eligibility: Open to residents in need of food living in Stamford, Darien, New Canaan, Norwalk, Westport, Weston, Wilton

Requirements: Call (203) 655-0048 for an appointment and necessary documents to bring

Frequency of Visits: Every 28 days

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday—Friday. Drop off time between 1:30pm-2:30pm

Schilo Food Pantry Program

Schilo Seventh-Day Adventist Church
977 Hope Street, Stamford, CT 06907
(203) 293-8256

www.facebook.com/schilofoodpantry/

Open: Every 2nd Sunday of the month at 2:00pm

Eligibility: Fairfield County residents

Requirements: Must complete an application with a

photo ID

Frequency of visits: Unrestricted

Schoke Jewish Family Service

196 Greyrock Place, Stamford, CT 06901
(203) 921-4161

www.ctjfs.org

Open: Monday, Tuesday & Wednesday, 10:30 am - 12:30 pm; Other times available by appointment

Eligibility: Anyone in need of food

Requirements: Must complete intake application

Frequency of Visits: Once a month

Food: Kosher products only

The Salvation Army of Stamford

198 Selleck Street, Stamford, CT 06902
(203) 359-2320

www.ctr.salvationarmy.org/sne

Open: Monday & Wednesday, 9 am - 12 pm

Eligibility: Stamford residents in need of food

Requirements: Must fill out an application; must have picture ID; proof of address (rental lease & other piece of mail with address)

Frequency of Visits: Once a month

Wilson Memorial Church of God

164 Richmond Hill Avenue, Stamford, CT 06902
(203) 557-9807

Open: Thursday, 1 - 2 pm. Sign up for a ticket starts at 9 am.

Eligibility: Anyone in need of food

Requirements: Must have a ticket—Tickets are handed out at 9 am

Frequency of Visits: Weekly

Women's Mentoring Network, Inc.

141 Franklin Street, Stamford, CT 06901
(203) 357-1561 / (203) 348-3828

www.wmninc.org

Open: Last Friday of every month 9:00am-5:00pm

Eligibility: Clients of Women's Mentoring Network

FOOD BANKS

Connecticut Foodshare

2 Research Parkway, Wallingford, CT 06492
(203) 469-5000

www.ctfoodshare.org

Servicing the town pantries, soup kitchens, & other programs; providing direct-service programs including Mobile Food Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County

461 Glenbrook Road, Stamford, CT 06906
(203) 358-8898

www.foodbanklfc.org

The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, Wilton) that serves low income people through congregate meals or bags of groceries.

STAMFORD PUBLIC SCHOOLS FREE

MEALS

Through Chartwells Dining Services, all Stamford Public School students are eligible for free breakfast and lunch during the 2021—2022 school year. Call (203) 977-1177 for more information.

